# Newsletter

**TIBBERTON CE PRIMARY SCHOOL**
Being the best we can be because with God all things are possible.
19th April 2024 · **Issue 24**

Thankful | Compassionate | Courageous | **Forgiving** | Friendly | Honest

## School News

### Executive Heads' Message

Dear Parents

What a muddle the weather is in at the moment! One day I'm driving through floods to get from St Lawrence to Tibberton, the next I'm blinded by the sun! I do hope that the weekend weather is kind and that you are able to get out and about, enjoying time with your family.

We have been busy at both schools this week, with cross country competitions and a visit to Wolverhampton art gallery. Staff at the art gallery complimented the children on their behaviour, as did visitors from other schools this week. Well done to all the children- you make us really proud.

Thank you to all of the grandparents who squashed into the hall at St Lawrence this week! We nearly ran out of tea and cake, so thank you for your patience while we waited on you. It was lovely to see the children spending time with you, and I hope you enjoyed being able to spend time with your grandchildren and play some games outside as well as in. We hope to welcome you back again soon- perhaps in nicer weather so we can spread out with a picnic outside!

There are also plans afoot to invite families in during the summer term, so look out for some dates for more school events.

Wishing you a happy weekend,

*Mrs. R. Nash*

### A special plea from school leaders:

**Could we kindly request that parents are mindful of punctuality of drop-offs and pick-ups at both ends of the school day. Ensuring that children attend school promptly is important so that children do not miss out on interventions or input and that staff can be deployed in the correct place.**

**Equally, an increasing number of children are not being collected on time at the end of the school day or after clubs have finished. This can affect staff's own personal arrangements and their attendance at meetings across the federation.**

**Your support is greatly appreciated – many thanks.**

## Attendance Award

This week's attendance award goes to **Class 4** with an attendance total of 98%

**Total School Attendance 96.2%**

# In Brief

**Class 4 & 5 trip to Cadbury World**

Consolidating our learning of the Aztecs. We have had a fantastic day learning about their culture and the history of coco beans as well as the local history of Bournville. We also learnt the history of Cadbury's chocolate.

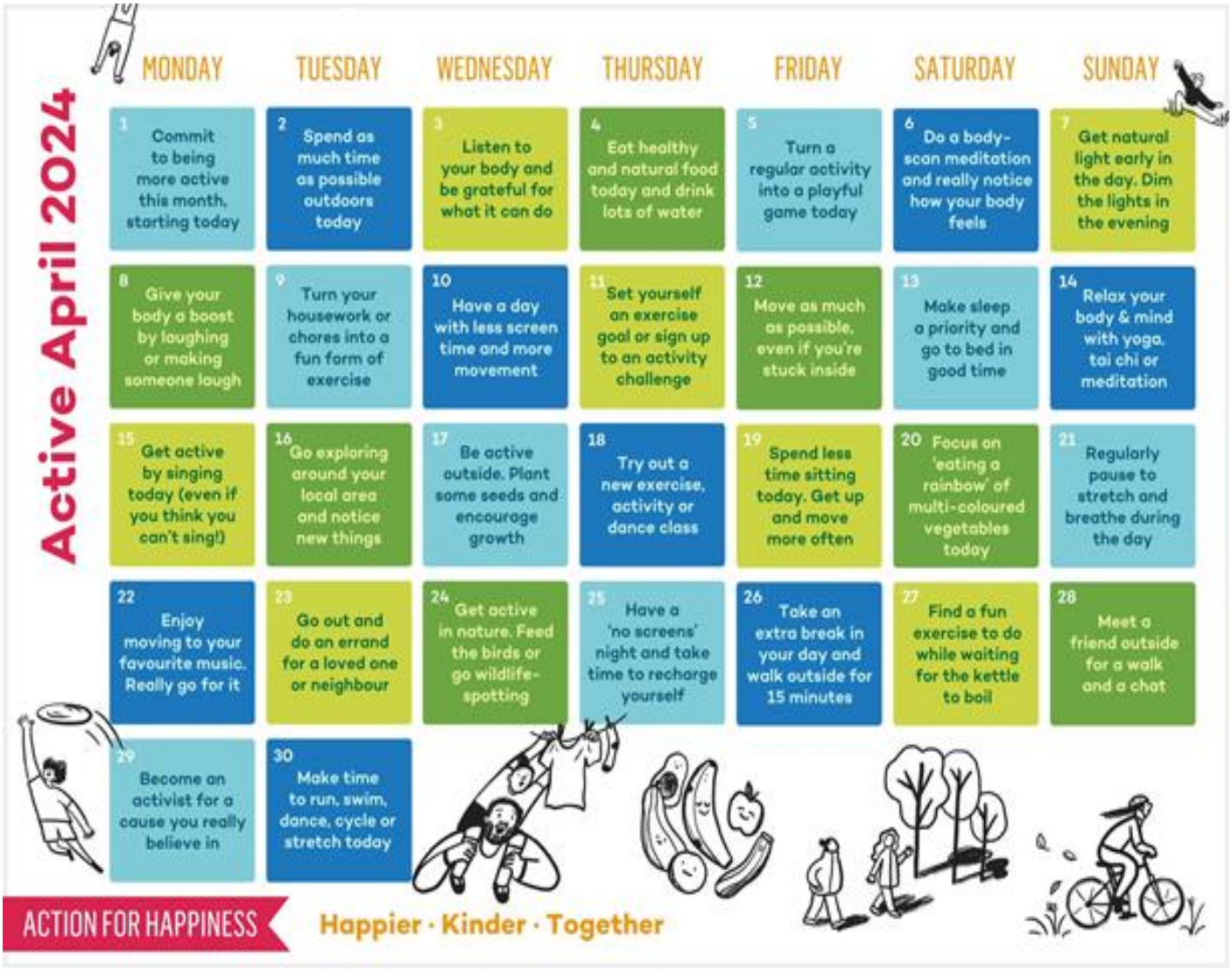
# Class 3 -Visit to Wolverhampton Art Gallery

What a wonderful visit to Wolverhampton Art Gallery for Class 3 this week. We had the opportunity to view the Pop Art Gallery including work by Andy Warhol and Roy Lichtenstein. Then inspired by this we created our own pieces of work by using printing presses, using a variety of different coloured paints and tools.

**Year 4 Reminder – Spring Explorers**

Year 4 pupils have been invited to take part in the Spring Explorers activity programme that is being organised by the Newport and District Agricultural Society, in partnership with Harper Adams University, at its home at Chetwynd Deer Park on Monday 22nd April.

**We need consent for your child / children to go, please can you logon to Parentmail and give consent for this on Monday.**




## Parking & our Safe School Zone - Reminder

Maslan Crescent has been designated a safe school zone. Residents' parking bays have been relined to establish clear parking spaces and parents may use these if this is only for a short time at the start and end of the school day. Please do not remain in these spaces for an extended period of time, as they belong to the residents.

If there is nowhere else, you may park briefly in Maslan Crescent, but please do not obstruct residents' drives or park too close to the school crossing as this reduces visibility.

A voluntary one-way system operates successfully around Maslan Crescent at the start and end of the school day – in at the Sutherland Arms end and out at the red phone box end.

Here is our newly refurbished and renamed Oasis room.

A huge thank you to the PTA for funding the refurbishment and to all those who kindly donated games. The Staff and children can't wait to use the room.

# Thrive 365

Dragonfly: Impact Education

## Spirituality

Spirituality is having a sense that there is something greater than yourself. It's one of the dimensions of wellness Bill Hettler came up with around 48 years ago - and it remains true today. In fact, the Royal College of Psychiatrists say that spirituality can be a central part of wellbeing. Why is this? Well, it fosters a sense of hope, purpose, and belonging. It can also encourage us to feel at peace and be more forgiving, as well as helping us to be more calm and mindful. Spirituality can also help us with the most stressful and anxiety inducing of circumstances - the unknown - and help us through life's challenges. So, how can we develop our spirituality?

### 1 Connect mind, body, and spirit

Yoga connects all three. Yes, we know yoga and wellbeing have become a bit of a cliche! However, there is a solid evidence base to show that yoga reduces symptoms of stress, depression, and anxiety.

### 2 Connect with community

We often think about churches and religions when we think about spirituality. This is because they are communities of faith - connecting with those who have the same outlook, the same values, the same beliefs can be incredibly supportive of wellbeing. However, there are other ways to connect with like-minded communities - for example by volunteering or through hobbies.

**Hettler's dimensions of wellness:**

### 3 Disconnect

After thinking about how connection can help us develop our spirituality, maybe now it's time to think about how disconnection can help us. Essentially, this is about slowing down and stepping back - both pretty essential if we're going to see the bigger picture and feel a part of something larger than ourselves. Meditating for as little as 5 minutes a day can increase mindfulness, decrease stress, anxiety and depression, and help us to slow down our body and mind. Getting out into nature can also be an effective way of doing this.

# Muxton Extra Holiday Club

## May Half Term

**Open to all children aged school 4—11 years old**

## Tuesday 28th May-Monday 3rd June

**(Closed Monday 27th May)**

**8:00am-3:30pm £17.00**

**8:00-6:00pm £20.00**

**(These prices include breakfast)**

- All day arts and crafts
- Sports including football, dodgeball, gymnastics etc
- Baking/cooking activities
- Forest school
- Games, BINGO, art competitions, quizzes etc.

**Booking available through your child's scopay.**

**For more information: Email:muxton.extra@muxtonprimary.org.uk**

**Or phone the school office 01952 327007**

Our Hub supports families who live in Telford and Wrekin who have children 0 - 18 years with a formal diagnosis of Autism.

**Our Hub offers**

- Information & Advice
- Training Workshops
- Parent & Young People Peer Support Groups
- DUGOUT/Youth Group for 11-18's
- Family Fun Primary Sessions
- 1-2-1 Advice Sessions with an Autism Specialist
- Autism Champion Training
- Signposting to wider services

Contact: 01952 262062
childrensautism@tandwcvs.org.uk

TELFORD AUTISM HUB

TELFORD CHILDREN'S AUTISM HUB

**COMMUNITY DROP IN**

**The Wrekin**
Housing Group

30th April 11am - 1pm

28th May 11am - 1pm

25th June 11am - 1pm

at
Wrekin Housing Group
Stirchley Shop
Stirchley District Centre
Telford
TF3 1ET

NHS Shropshire, Telford
Integrated Care System

# ☆ Superstars of the Week ☆

**Class 1** Magdalene for trying so hard in phonics and writing. Keep up the good work superstar!

**Class 2** Rosie W for fantastic writing in her early morning book.

**Class 3** Evelyn for her excellent behaviour on the school trip.

**Class 4** Amy M for her contribution and amazing ideas in writing

**Class 5** Ashton for his efforts in English to improve his writing.

## Dates for your Diary

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|---|---|
| **22nd April** | Year 4 spring explores Newport Deer Park |
| **23rd April** | Parents Consultations |
| **3rd May** | Taste of High School – year 5 girls – Newport Girls High |
| **6th May** | Bank Holiday Monday |
| **27th May -31st May** | Half term |
| **11th June** | Year 6 – Lichfield Trip |
| **27th June** | Sports Day pm |